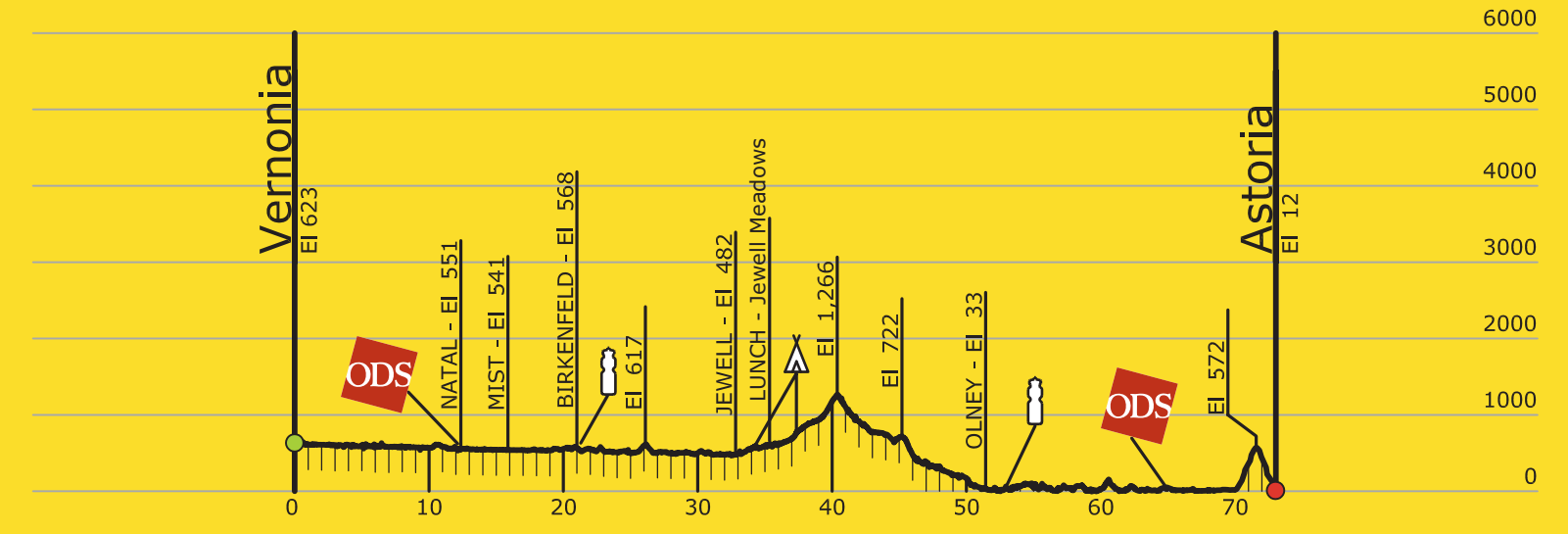
ODS Rest Stop
Campground
Caution
Railroad
Viewpoint
Cattle Guard
Water Stop
Nasel
Grays
Deep River
Rosburg
Eden
Ilwaco
Chinook
Frankfort
Knappt
Altoona
Skamokawa
McGowan
Megler
Astoria
Finish 72.9 Mi
Brownsmead
Clifton
Bradwood
Cathlamet
Hammond
Knappa
Svensen
Fern Hill
Eagle
Mayger
Locoda
Quincy
Warrenton
67.8
Waun
Taylorville
Westport
Inglis
Ft Clatsop 65.0
ODS
59.2
Olney 51.4
Kerry
Woodson
Marshland
Clatskanie
Alston
Youngs R. Loop
52.5
Melville
Peak 45.2
Mist-Clatskanie Hwy
Swedetown
Gearhart
Nehalem
Seaside
Peak 40.4
Birkenfeld
Mist 15.9
12.4
37.4
34.2
21.2
Apiary Rd
8.8
8.0
LUNCH
Jewell Meadows
35.2
32.8
Jewell
5.0
Cannon Beach
Tolovana Park
Elsie
Keasey
Vernonia
Start
Hamlet
Arch Cape
Necanicum Hwy
RIVER
Nehalem Rd
Lower Nehalem
Nehalem River
Braun
Vernonia
Neahkahnie Beach
NEHALEM
Day 7 - Vernonia to Astoria
72.9 Miles - 1,929 Feet Elevation Gain


Vernonia
El 623
NATAL - El 551
MIST - El 541
BIRKENFELD - El 568
El 617
JEWELL - El 482
LUNCH - Jewell Meadows
El 1,266
El 722
OLNEY - El 33
El 572
Astoria
El 12
ODS
ODS
0
10
20
30
40
50
60
70
0
1000
2000
3000
4000
5000
6000