

COMMUNITY EVENTS

Riddle Harvest Festival: Parade, vendor booths, pumpkin chunking, music in the park, art in the park and much more. Main Street; Friday noon thru Saturday at 3 p.m.

ODS MAIN STAGE

4-5 p.m: Tara Anya and Tahara Tribe
5-6:30 p.m: Aces Wild
8-9:30: Moorea Drive

BIKE SKILLS CLINIC

6:30, near the Bike Gallery tent. Tonight: Flat repair

TODAY'S MENU

Breakfast

Biscuits & Gravy
Sausage Patty
Scrambled Eggs
Roasted Red Potato Hash
Browns
7-Grain Cereal with Toppings
Bagels, Fresh Fruit, Cold Ce-

real, Nancy's Yogurt
Hard Boiled Eggs

Lunch

Turkey, Mozzarella, Tomato and Basil on Dave's Killer Bread
Spinach Hummus, Mozzarella, Tomato and Basil on Dave's Killer Bread
Multi-Grain and Jalapeno Chips
Cabbage Salad w/Raspberry Vinaigrette
Apples and Grapes
Swiss Crème Cookies

Dinner

Chicken Cabbage Yakisoba
Cabbage and Edamame Yakisoba
Veggie Egg Roll
Salad Bar
Carrot Cake

YOGA SCHEDULE

4 p.m.: Level 1
5:15 p.m.: Level 2

This page combines news with a little extra fun. If you have a message for someone, deposit it in the counter drawer at the Rider Services trailer. We'll print as many of the best ones as we have room for each day.

OSU EXTENSION (CONT.)

Industrial owners: Once you leave the valley bottom, you'll start to see plantations of Douglas-fir owned by larger timber companies. These forests are managed mostly for the production of wood products, although state laws require companies to protect wildlife, streams and the soil.
Federal agencies: Federal agencies manage the majority of the forestland you'll travel through on your way into Riddle. These forests are managed at a fairly low intensity, with an emphasis on protecting wildlife habitats and providing recreation.

NOTES FROM THE ROAD

Congrats to the happy couple I saw out on the road Thursday with the "Just Married" license plates. I didn't catch their names, but I admire their choice of honeymoon trip...

Great license plate on the road, courtesy of a female rider: "Does this bike make my butt look fast?"... Met **Don and Tama** from Maui; I asked them for some info for an upcoming trip to the islands, and they promptly invited me to come tour their "coffee hobby farm." That's typical Cycle Oregon hospitality... **Ed Erickson** is encouraging fellow CO riders to promote cycling awareness by displaying a "Bike-Friendly Vehicle" sticker on the rear window of their cars. Stickers are on sale at the Cycle Oregon Retail trailer next to Rider Services, for just \$2. For more information on this nonprofit, all-volunteer effort, go to www.bikefriendly-vehicle.com.

CLASSIFIEDS

Birthdays

Frank: Hope your 50th birthday Thursday was a great one!
--Your buddy John

DAY 6: POWERS TO RIDDLE

TODAY'S ROUTE

"Stairway to Heaven"

This is a quintessential Oregon forest ride. Climb gradually under a shady green canopy, alongside a boulder-strewn stream, then turn toward the sky for a sturdy climb past waterfalls, before smoothing out for a glide into the aptly named Eden Valley. After lunch the major climb of the week awaits, but the serene surroundings offer a worthwhile trade-off. And it's (nearly) all downhill after that, including an amazingly smooth run-in that follows Cow Creek for miles of pick-your-pace pedaling.



As you enter Riddle, there will be no questions about what drives the local economy.

KEN'S CORNER

This is the day everyone has been hearing about. For the first 55 miles the route uses narrow back roads. For 18 miles from Powers, the road has two full lanes, but no shoulders, then turns off and is typically only a lane and a half wide, and open to normal traffic – so be sure to stay to the right side.

culverts in the road, but only about 12 will affect us after the summit. These culvert cuts in the road may or may not be patched with asphalt, but are on a flat section of road prior to the descent to Cow Creek.

The descent from the ridge top to Cow Creek has some fairly steep sections, and is about 14 miles long. We will monitor the number of cyclists who begin the downhill section to avoid bunching up of riders. Slower riders should ride on the right side of the road, and faster riders need to warn slower riders they are being passed by yelling out "On Your Left."

After lunch, the hardest hill of the day leads to the summit of the Coast Range. A construction project is putting 130



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Here you'll find important information, good stories along the way, and daily features.

OSU EXTENSION

Coos County Forestlands

Coos County, like much of Oregon, is largely forested. On your ride from Powers to Riddle, you'll see a few different forest-management styles being applied by three main types of owners: family forest owners, private industrial owners and federal agencies.

- Family forest owners: As you first leave Powers, you'll be surrounded by agricultural fields. Beyond these fields is a forest comprised of various conifer and hardwood trees. These productive valley-bottom lands are largely owned by ranching families who manage their forests to produce wood products while also emphasizing conservation of trees, wildlife and streams for their heirs. **(Cont. on "Classifieds" page)**

BLM BOUNTY

The gentle climate of southwestern Oregon creates limitless recreational opportunities among lush forests and cascading waterfalls. It's a part of a water wonderland crowned by the world-famous Umpqua River. - Cow Creek Recreational Gold Panning Area: A 1,300-foot seg-

ment along the lower stem of Cow Creek is withdrawn from private mining claims to offer recreational gold panning opportunities to the public. This day-use area in the middle of the 45-mile Cow Creek Back Country Byway also offers opportunities for picnicking, fishing and wildflower viewing.

- North Umpqua River: The beautiful North Umpqua Wild and Scenic River Corridor features world-class fly-fishing opportunities, exhilarating white-water for rafters and kayakers, picture-postcard scenery, and a hiking and biking trail that runs the entire length of the corridor and beyond.

TWO & OAK CYCLING

The Two & Oak Cycling kit is a special limited-edition, highly coveted jersey that a lucky few have been able to win. And tonight we will be giving away a limited number of next year's jersey on the Main Stage! The Rider Numbers of today's jersey winners are **2210, 1659** and **135**. Show your wristband to claim your jersey at the Cycle Oregon Retail trailer.



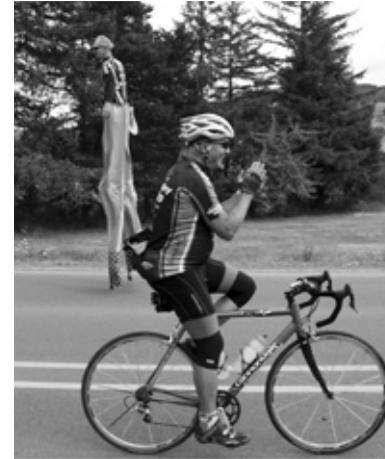
When cheerful young girls offer you free water, why not?



See if you can find the artwork hidden in this tree.



Yes, you've gotta stop and... well, you know.



There are some very tall folks who live in Powers.



Just a man and his dog, watching the two-wheeled world go by.



If you think this looks action-packed, it doesn't compare to the "flaming joust" in the finals.



The sign said "Big Bull," and that's no... well, you know.



Just in case you hadn't clued in to the proper protocol.

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EXTRAORDINARY BEERS